

Henley Herald



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Independent community news

May/June 2024

'24 Election Day Survival Guide

By Nadia Wolmarans

This May, South Africans will be casting their votes for a new National Assembly. This is the seventh general election since 1994 and easily the most interesting so far. We've witnessed the rise of fifty-two political parties; our streets are lined with posters for the Democratic Alliance, Action SA, some more faces we know, and many we don't. The news and social media are flooded with these new faces, new personalities, and new ideas. There is much excitement around this election—more than I can remember in my entire lifetime.

Yet, however things stand at the end of counting this June, we reached out to the Midvaal Municipality to put together

what you need to know for Election Day. A big thank you to the municipality for answering our questions and to our ward councillor, Tony Dickinson, for his Councillor's Corner, read on page 2. Here goes.

1. Where in Henley will the voting stations be?

Ward 15 (Henley on Klip) has one voting station – Hope Family Church, located 78 Shiplake Road. (For our Meyerton, Golfpark readers there will be voting stations at Oakmeade Prep and Academy, Destinata School, Meyerton High School, Meyerton Town Hall, and many others, go to www.elections.org.za for more.)

2. When do the voting stations

open and close?

Voting stations will open from 7am until 9pm on election day, 29 May 2024.

3. Please also forward details for online arrangements for persons older than 50.

According to the IEC website, "a Special vote allows a registered voter who can't vote at their voting station on election day to apply to vote on a predetermined day before election day. By law, you can apply for a special vote if you: Can't travel to your voting station because you are physically infirm, disabled or pregnant, or can't vote at your voting station on election day. You can apply to cast a special vote using the IEC's secured online application form: <https://registertovote.elections.org.za>

By SMSing your identity number to 32249 (R1.00 per SMS). (For special vote at a voting station ONLY). By visiting your local IEC office (not the national or provincial offices) and submitting an MEC 35 form. Forms can only be hand-delivered (no emails or faxes accepted), but someone else can deliver your completed form on your behalf. The Midvaal local IEC office is located at Midvaal Local Municipality, Speaker's Office, 26 Mitchell Street, Meyerton.

4. Do you foresee any safety concerns?

Elections have always proceeded seamlessly in the past, and we have not identified any causes for concern that these elections will be negatively affected. The municipality works closely with the South African Police Service, CPF, and security clusters from across the municipality to address any incidents of crime. All stakeholders within the security and safety sector will stand ready during the election day to ensure that there are no incidents that will impact our residents' safety.

On another note: Julius Malema stated in a podcast interview that "they occupied a white farm in Midvaal" is this true?

Midvaal Local Municipality is not aware of any farms that were invaded by the EFF, as stated by Julius Malema. The municipality boasts a 100% success rate in curbing illegal land invasions. Over the years, various measures have been put in place to prevent such occurrences. Additionally, we conduct land invasion awareness campaigns and have formed strong partnerships with relevant stakeholders, such as community members, councillors, and security clusters to stop illegal land invasions.

ISSUED BY THE OFFICE OF THE EXECUTIVE MAYOR:

Yours in Service Excellence,
Ald. Peter Teixeira
#PeoplesMayor
For further information, please contact:
Idah Satikhe
Senior Media Officer: Office of the Executive Mayor
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079 700 5382.
As stated above keep reading on page 2, our Ward Councillor offers some practical tips.

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Councillor's Corner

Get ready to cast your vote in the 2024 general elections and help shape SA's future.

Voting in the general elections for national and provincial government will take place on May 29, 2024, between 7 a.m. and 9 p.m. The voting station for Ward 15 (Henley on Klip) is the Hope Family Church on St. Davids Road.

Voting stations will be open for those who have registered for a special vote on the 27th or 28th between 9 a.m. and 5 p.m.

To check that you are on the voter roll and where you are registered to vote, SMS your ID number to 32810. All the political parties will have a copy of the voter roll at their front door, so you can check with them as well.

In order to cast your vote, you will need to present your valid ID document to the election official

at the entrance. This must be either an old green book, a new smart card ID, or a temporary ID certificate. Note that driver's licenses and passports will not be accepted.

Once your ID is scanned, your left thumb will be marked with special ink, and you will be handed three ballot papers. Please check to see that the ballot papers are stamped on the back. You will then be directed to a voting booth.

Mark each of the ballot papers by means of an X in the designated space. Do not write anything else on the ballot paper; if you do, it will be declared a spoilt ballot and will not be counted. When you have finished, fold each paper separately and place them in the respective boxes provided. The same procedure applies to special votes, both early voting and home visits.

The three ballot papers are a national ballot for the National Assembly for the election of 200 members, contested by political parties on a closed list basis. A

regional ballot is for the additional 200 seats that are divided between the nine provinces, each with a pre-allocated number of seats, and contested by political parties and independent candidates. The provincial ballot is for members of the provincial legislature in each province and is contested by both parties and individual candidates.

CPF will be selling cold drinks and Boerewors rolls on the day. If it is a hot day, bring a hat and a bottle of water, and remember that it is a privilege to be able to vote, so don't waste it.
Ward 15: Cllr. Tony Dickinson. Contacts: tonyonklip@gmail.com, 082 783 1612.

In summary 'day of' survival tips:
1. Wear Sunscreen- the positive effects of sunscreen has been proven throughout the ages.
2. Bring your ID, and a bottle of water.
3. And some cash, for some boerewors rolls.
When it comes down to the voting, that's up to you, but trust me on the sunscreen.

HENLEY HERALD

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Pictures, JPG only, 300 dpi

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officer to the scene to investigate and complete a death report. You will need to provide identification and other relevant details.

Step 3: Call a coroner to have the body removed.

This can either be a private coroner or a state coroner, depending on available finances. Private coroners like Avbob or Fuleni Funeral Home DO NOT charge a fee immediately on the day the body is removed.

Step 4 and 5 can be done the following day.

Step 4: Obtain a Death Certificate

A death certificate is essential for official and legal purposes. You can obtain one from the Department of Home Affairs or the hospital where the death was confirmed. You will need to provide the death report and identification. Many private coroners do apply for the death certificate on your behalf.

Step 5: Register the Death

Register the death with the Department of Home Affairs within 5 days. You will need the death certificate, identification, and proof of address. Many private coroners do register the death on your behalf. If you are unable to register within 5 days, you will need an affidavit from your local police station stating why.

Step 6: Plan the funeral

Once the necessary procedures are complete, you can begin making funeral arrangements. The private funeral home or undertaker will assist with the process. It is after this stage, private funeral homes will require payment.

***Additional Tips**

- Contact the deceased's family and next of kin to inform them of the passing.
 - Secure the property and any valuables.
 - Consider contacting a social worker or counsellor for support.
 - Keep all documentation and paperwork in a safe place.
- Remember, losing a loved one is difficult, but knowing what steps to take can help make the process easier.

If you have no funeral policy and no funds for a burial, you can choose to have an indigent burial. An indigent burial is a funeral

service provided by the government for individuals who cannot afford to pay for a funeral. This option does NOT cover cremations.

Here is how it works in South Africa: if someone dies at home due to natural causes, the above mentioned steps 1 and 2 need to be followed. Once that has been done, this is what you do next:

*** Contact your ward councillor.** Your ward councillor will then arrange for a state coroner to collect the body and transport it to the nearest hospital morgue. A councillor will then escort you to the mortuary to identify the body.

***Application: They will then assist the family of the deceased to apply for an indigent burial** through the local ward councillor or municipality and help you obtain an affidavit stating you are unable to afford a private burial.

***Assessment: The local ward councillor assesses the application** to determine if the family is eligible for an indigent burial.

***Eligibility: To be eligible, the family must meet certain criteria,** such as being unemployed or having a low income.

***Services: The indigent burial service includes the transfer of the body,** the supply of a coffin, hearse, grave, lowering device, gazebo, and chairs.

***Payment: The government pays for the indigent burial service.**

***Municipality: The municipality is responsible for providing the indigent burial service and ensuring that the service is carried out.**

Note: The process and eligibility criteria for indigent burials may vary depending on the municipality and province in South Africa.

Herewith are details for medical services and funeral homes working within the Henley-on-Klip area.

AMBULANCE

- Cert 087 095 3556

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- Jacques 083 409 3853

FUNERAL HOMES

- Fuleni funeral homes 068 084

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-Avbob 016 362 1048

By Gigi White

After the incredibly sudden and tragic passing of my dear friend Tim Stapleton, a light was shone upon how difficult it is for a loved one and friends to properly handle sudden death. The immense weight of the situation can make for a very daunting experience where many mistakes can be made.

Speaking to many residents in Henley, it became evident that most people do not know what to do when someone dies at home, regardless of whether there are funeral policies available or not. Death is such a difficult thing to talk about, and for the most part, families never discuss the "what ifs" until it's too late.

Here's an article on what to do if someone dies of natural causes at home in South Africa: Losing a loved one is never easy, and it can be especially difficult when it happens at home. If someone has passed away due to natural causes in South Africa, there are certain steps you need to take to ensure that the necessary procedures are followed.

Step 1: Verify the Death

First, you need to call an ambulance or emergency services to have a paramedic or medical professionals declare the death.

Step 2: Notify the Authorities

Contact the South African Police Service (SAPS) to report the death. They will send an

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Made in Henley: Food Infusions

This month's Made in Henley is: **Food Infusions**. A big thank you to Ox Botha for answering my questions.

Tell us about Food Infusions, when you started

My business actually started as a passion for food and relishes. I played around with recipes till I finally perfected the flavour I wanted. I offered it to friends and family to try, and the responses were quite amazing and encouraging. I hadn't yet realized the potential for my sauces, but my passion for food and quality ingredients led me to open Henley Deli.

We were in the swing of opening the Deli when COVID arrived, bringing many curve balls with it. I had stocked my Oxbones Sauces in the Deli and offered it as an accompaniment to our famous steak and chicken rolls at our beer garden. The feedback from the locals was so positive and the demand grew so much, that even after selling the Henley

Deli, I continued to make Oxbones for some customers that had become "die hard fans". It was the support of these people that inspired me to keep trying new ideas and developing more products which led to the start of Food Infusions.

In 2023 Food Infusions came into form with a product range that then included Oxbones sauces and some taste relishes.

These were soon followed with our SPLASH Sauces which are the perfect partner to various dishes with unique flavours like Dark Chocolate Chilli, Citrus Habanero, Soy's Wasabi and Fiery Birdseye. I've just developed a Cherry and Ghost Pepper sauce that is coming soon in my new "hot chilli" range. We've also just released a Moruga relish, moruga scorpion chillies.

I have had the good fortune of working closely with a gifted spicologist to develop our range of sensational spices and seasonings and the results have been nothing short of spectacular.



I have been so blessed by the support and encouragement of family, friends, and this amazing community. I'm looking forward to more opportunities to delight taste buds and bring magic to meal time for many years to come.

For those wanting to get their hands on these delicious products, you can reach me at ; 079 574 1917 or Derek@foodinfusions.co.za, Faceook/foodinfusions, and we are waiting on our online shop which will be available in the upcoming weeks. Watch this space... exciting things are happening.





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The scourge of aquatic alien invasive plants

By Leslie Hoy

Henley on Klip, nestled on the banks of the Klip River, is merely 55km or a 45-minute drive to the Vaal River

Barrage. Unfortunately, our charming, tree-lined, polluted river is one of the sources of many of the problems being experienced in the Vaal River Barrage (VRB). The source of this pollution originates from several dysfunctional sewerage works and broken sewer lines that discharge millions of litres of polluted raw sewerage water directly into “our” river. All water bodies in South Africa fall under the responsibility of the Department of Water Affairs and Sanitation (DWS).

Water lettuce (*Pistia stratiotes*) and water hyacinth (*Pontederia crassipes*) are two aggressive alien invasive species that have somehow been introduced into the VRB. The polluted waters are acting much like fertiliser and providing the plants with copious amounts of nutrient-rich water, and so they flourish.

These two plant species originate from South America. In every country where they have been introduced, they have caused havoc, more specifically in countries with warmer climates. They are also now listed as invader species in the USA, Australia, and even South Africa.

Many water bodies in South Africa have already experienced the “wrath” of these plants, which, in ideal conditions, are able to double in surface area every 10 to 20 days. Some sites in SA that have been impacted range from Cape Town to Sunset Dam in Kruger, the Hartebeespoort Dam to Roodeplaat Dam, and many others.

Once these plants have established themselves in the water, it will take a good twenty years to totally eradicate all signs of them, but only if management plans are ongoing and no new infestations are allowed to occur. Both of these species of plants (macrophytes) are free-floating and are moved around in still waters by slow current (which is what they prefer) and wind. They form huge dense mats, which negatively impact biodiversity (already fewer bird species in some areas of the VRB, and fish have started to die), businesses (some have already laid off staff), impacted recreation (already few boats can access the water), and property values plummet.

As of late April, a total of 395 hectares of water were covered by a combination of both water lettuce and water hyacinth. To manage these aquatic invasive

species, various permits and authorizations are required to ensure compliance with a range of legal aspects. The current approved integrated plan involves three main actions, namely:

physical removal, which is really costly, not easy, and time-consuming. The community has already spent many millions removing these plants at their own cost; however, with the quick growth rate, it sometimes seems as if not much was done.

Chemical spraying using approved herbicides that are non-carcinogenic. This is by far the quickest method, but it still presents challenges in that the dead plants must, as far as possible, still be removed to reduce the organic load in the water for the VRB and downstream users. Approved spraying commenced in late April, and the wait is now on to see the results of halting the rapid growth to allow for the other methods to achieve results. Biocontrol using approved host-specific insects. For these two plants, three different biocontrol agents are being used. These tiny insects have been scientifically tested and approved for use. Rhodes University is helping to breed them, and they are now being introduced to the VRB. Rand Water (RW) and several

community members are also setting up approved rearing stations to be ready for a larger, sustained release of biocontrol agents in the spring and summer of 2024 and beyond. This is a very slow process and needs to be well managed and timed to ensure that results (although long-term) are achieved.

Positive results have been achieved on many other water bodies in the recent past, and so there is no reason why, with an integrated approach and the continued huge support of the VRB community, DWS, RW, Rhodes, and others, this battle cannot be won. It will take many years and lots of money and resources, but experts believe it really is possible to fairly quickly reduce the levels of infestation and bring it “under control.”

So where does this leave us in Henley and surrounding areas? A few things that we can do are:

Never buy, introduce, or allow invader plants (in this case, water lettuce and water hyacinth) to be introduced into the water system. We should be pressuring Midvaal to take action against the upstream polluters for allowing this filthy polluted water through their jurisdiction and for degrading “our” river. Midvaal should ensure that their own house is in order and not allow raw, untreated sewerage water from any source into the river (we have seen this in the recent past in Henley; very sad indeed).

Destroy any invader plants that you may have in your ponds and water features.

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Update on the fight against the pollution affecting the Klipriver

by Eckark Zollner

A group of tireless and dedicated residents continue to lobby the authorities to accelerate their efforts to stop a number of polluters upstream from continually dumping harmful effluents into the Klipriver as well as the Rietspruit that joins the Klipriver in the Gardenvale area.

We are thankful to OUTA/WATERCAN for offering us great support in highlighting our case to the authorities and for continually providing us with free test kits to sample the water quality. To date, 30 of these test kits have been used, and 10 kits are still held in stock for further testing. Needless to say, the results are alarming, with extremely high

levels of E. coli detected across numerous testing locations along the path of the Klipriver and Rietspruit river systems.

A number of meetings were held with the relevant departments of Midvaal Municipality, the National Department of Water and Sanitation, and Rand Water to address these issues. It is, however, increasingly frustrating that every sphere of elected politicians in government has adopted an attitude of blame-shifting instead of an attitude of problem solving.

To make matters worse, we are still battling an attitude of carelessness by the owners of some river-facing properties who continue to dump garden refuse into the river. This is illegal and

counterproductive as it leads to increased waste deposits against the weir and only exasperates our problem of the river damming up against the weir, with the consequence of higher water levels once again flooding river-facing properties.

Additional stakeholders have been in contact with us, and on a regular basis, we are reminded of the gravity and seriousness of the situation. Many agricultural food producers within the flow of our river systems are faced with potential closures, as the river water they rely on is no longer safe for irrigation, and boreholes are increasingly contaminated by effluents from industrial wastewater that is disposed of in an untreated manner into the ground instead of being pumped

to our surrounding

waste water treatment plants. If our neighbouring food producers are forced to close, it will result in hundreds of job losses across the Midvaal and surrounding areas.

We continue to increase the visibility of our work with stakeholders and partners such as Outa and Watercan to raise awareness and escalate the gravity and seriousness of the issue by bringing it to the attention of those who can assist with programmes that address the sources of pollution. We are a small team and welcome additional volunteers that will assist through small actions in achieving such an important objective.

BluePlanet South Africa

By Marcel Esterhuysen

Who are we

BluePlanet South Africa is the African distribution partner for BluePlanet LLC, and through strategic partnerships with Bionomics SA, we use nano bubble technology from Moleaer Inc.

Our technology optimises both anaerobic and aerobic processes to improve effluent qualities while substantially lowering the operating costs of wastewater treatment plants and improving the economics of biomass and biogas facilities. Our solutions are very effective at in-situ remediation of oil spills and downstream waste from industry, agriculture, and other pollution sources encountered in contaminated bodies of water and soil.

What are Nanobubbles?

Nanobubbles are 100 nanometers

in size, 2500 times smaller than a single grain of salt. They can be formed using any gas and injected into any liquid. Due to their size, nanobubbles remain suspended in liquids for long periods of time, enabling them to improve physical, chemical, and biological processes.

The Chemical Engineering Research and Design journal published the article "Fundamentals and Applications of Nanobubbles: A Review." They studied sediment decontamination and lake management applications of nanobubbles and found that nanobubbles reduce pollution, mitigate hypoxia and anoxia, improve dissolved oxygen levels, help with algae control, and deliver more benefits. -Et-el Moleaer.

The Problem

Lakes and ponds accumulate

high levels of nutrients, mainly from runoff from nearby agricultural land and urban areas. This runoff contains fertiliser, animal waste, and other pollutants that can cause large algae blooms and create an overabundance of nutrients, such as nitrogen and phosphorus. Too much of these nutrients in the water can lead to excessive growth of algae and aquatic plants, which can deplete oxygen levels in the water, making it difficult for fish and other aquatic organisms to survive. This problem is known as eutrophication, and it can threaten the health of entire ecosystems. This is similar to Hartbeespoort Dam, the Vaal River, and most dams and river systems in South Africa. There are several methods to control algae growth in lakes, ponds, and dams. One of the

most common is to add a natural enzyme that helps break down the nutrients that the algae need to survive. Conventional aeration has been commonly used, however, with little efficacy on algae and even less so in South Africa. Additionally, adding certain species of fish, such as grass carp or certain aquatic plants, can help reduce the amount of algae in the water.

The solution

A cost-effective, proactive option is using our bespoke bioremediation approach that combines nanobubble technology and microbes to accelerate sludge digestion through natural oxidation and efficient oxygenation. Depending on the amount of sludge at the bottom of the dam, it can typically take the solution 4-6 months to digest and reduce the layer of sludge. This results in clearer, healthier water bodies and reduces the occurrence of algae blooms and foul odours.



Water lettuce weevil (Neohydronomus affinis) (Above), Water hyacinth hopper (Megamelus scutellaris), (below)





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Naturally Debbie

By Debbie Firbank

As the colder months approach, many of us are preparing for the seasonal battle against winter ailments such as colds, flu, allergies, and sinus issues. This winter, why not try some natural remedies to support your health and well-being? Here are some natural remedies to help you thrive during the winter season:

- Eucalyptus Smithii for Chest Rubs: Eucalyptus smithii essential oil is a natural and effective way to clear congestion, ease breathing, and provide relief from coughs. Try using it in a chest rub to soothe winter-related chest discomfort; just add a few drops to a base cream.

- Colloidal Silver and Helichrysum Splendidum Hydrolat for Sinus Spray: Combining colloidal silver with helichrysum splendidum hydrolat creates a powerful sinus spray that can help alleviate sinus congestion and support sinus health during the cold and flu season.

- Sinus, Colds, and Congestion Massage Oil: This massage oil blend contains a combination of essential oils, including cajeput, ravintsara, eucalyptus globulus, peppermint, wintergreen, and clove bud, to provide respiratory support and pain relief.

- Colds and Flu Tea: This tea blend combines a range of herbs, including ginger, turmeric, thyme, elderflower, peppermint, rosehip, mustard seeds, fennel, wilde als artemesia afra, sweet wormwood artemesia annua, cinnamon, sage, and oregano, to provide a natural and effective way to boost your immune system and alleviate symptoms.

- Anti-Viral Rolling Remedy: This rolling remedy contains a potent blend of antiviral and immune-supporting essential oils, including tea tree, ravintsara, ravensara, niaouli, bay, and myrtle, to help support your immune system and combat winter ailments.

- Additional Natural Remedies:
- Elderberry syrup: Boosts

immunity and fights off cold and flu viruses.

- Ginger: Soothes a sore throat, reduces inflammation, and aids digestion.

- Turmeric: Reduces inflammation, improves cognitive function, and supports immune health.

- Honey: Natural cough suppressant, antibacterial, and soothes a sore throat.

A combination of all the above is a potent remedy, and cayenne pepper and garlic powder can be added to the honey mixture as well.

- Slippery elm: Soothes digestive issues, reduces inflammation, and supports immune function. Excellent for Crohn's sufferers as well.

- Vitamin D: Essential for bone health, mood regulation, and immune function.

- Peppermint oil: Relieves headaches, improves digestion, and reduces nausea.

- Ginseng: Enhances energy, reduces fatigue, and supports immune function.

- Echinacea: Boosts immunity,



reduces severity of colds and flu.

- Warm baths: Relaxes muscles, reduces stress, and promotes a good night's sleep. Add a cup or two of Epsom salts for extra benefits.

- Apple cider vinegar: Supports immune function, reduces inflammation, and aids digestion.

Remember to always consult with a healthcare professional before trying new remedies, especially if you have underlying health conditions or are pregnant or breastfeeding. Stay healthy and happy this winter.



EXCITING CHANGES AT THE ABOUT TIME COFFEE SHOP

Debbie Allorto (left), photo courtesy Ruth Du Toit Photography

By Gigi White About Time Coffee Shop is under "sort of" new ownership!!

On behalf of the tenants at the About Time Corner, we would

like to congratulate Debbie Allorto and Co for taking full ownership of About Time Coffee Shop. We look forward to all your exciting ideas coming up

over the next few months! We are all behind you and cannot wait to see what the future holds!



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Heavenly Herbs Hemp, Horseradish, and Hyssop

by Kate Touche

I woke up on the farm this morning to another beautiful, crisp autumn day with just a hint of frost. The Afrikaans word for autumn is herfs, so it's fitting that we work with the letter H this month. Let's chat about Hemp, Hyssop and Horseradish, all ancient herbs in use for thousands of years.

Hemp, a very controversial herb, grown as a crop first by the Chinese, has been used for centuries to make clothing, shoes, rope, and insulation, and the Romans even used it as cement between their bricks. Some of the Roman bridges are still standing; maybe modern-day cement manufacturers should look into using this material. Hemp seeds are rich in Omega-3 and Omega-6 fatty acids can help

with improving heart health, reducing cholesterol, and lowering blood pressure. CBD oil, made from Hemp seed, has been used by the medical profession to assist with anxiety and brain disorders. Consult a physician first before using Hemp medicinally. **Hyssop** has been used for centuries for circulation and for conditions like respiratory problems, asthma, coughs, sore throats, tummy upset, gall bladder disease, lack of appetite, and urinary tract infections. The plant looks similar to lavender, but it has very different properties. In Bible times, it was known as a Holy Herb and was used to cleanse the temple. The Romans used Hyssop as a herb to help prevent the plague, and when Jesus was on the cross, the

Roman soldier gave Jesus some sour wine on a sponge, lifting it up to Jesus on a Hyssop branch. Also Significantly, God instructed the Israelites to cleanse their door posts with blood using a Hyssop branch so that death would pass over them! So Hyssop is a very special Herb indeed!

And now let's talk about the humble Horseradish herb. A natural antibacterial, this herb packs a punch when it comes to assisting with circulation, blood pressure problems, weight loss, and metabolism. Also said to have anti-cancer properties. In the American South, Horseradish was rubbed on the forehead to ease headaches, that must have hurt, but their sinuses would have been cleared up. In the UK creamed horseradish is served with the Sunday roast beef, delicious!

The recipe this month is a real winter warmer, a delicious Austro-Hungarian dish.

Cream of Horseradish soup

Ingredients

- 6 potatoes
- 2 onions
- 3 Tablespoons butter
- 3 cups clear veggie stock
- 1 cup cream
- 1 large egg yolk
- 100g grated fresh Horseradish
- A little white wine
- Salt and pepper to taste
- Dill to garnish

Method

Chop the potatoes into small chunks, and finely chop the

onions. In a saucepan, fry the onions in the butter until translucent, not brown. Stir in the potato chunks until mixed. Add the veggie stock and simmer for about 20 mins until the potatoes are soft. Blend with a stick blender or carefully blend in a blender and return the mixture to the pot. Add the cream and heat gently, take off the stove and cool. Mix the egg yolk with a little white wine, add a couple spoonfuls of the soup mixture to the egg mixture and then gently add the egg mixture to the soup. Bring it to a slow simmer and add the grated Horseradish and salt and pepper. Serve with a Dill garnish. Ginger Biscuit has been getting ready for the winter, and his fur coat has been growing a bit thicker to keep him warm. We have been adding a little Echinacea to his wet food to help build his immune system against the winter cold. He says that it would be a good idea for Mum to give you some Echinacea too, so you won't get the flu and colds this winter. Stay warm, and healthy.



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Hemp below, Hyssop plant above left, Horseradish above right



Conveniently located just off the R59, Henley Drive Offramp - 69 Rooibak Street Highbury



Performing Arts - Now here's a thought...

By Mark Russell

Performing Arts? Now that is an interesting idea! People acting on Stages? People using a script to tell a story in a play? Well, yes and no..... We have come to think of the performing arts as the Hollywood variety, the cult of the celebrity, movies and east-end productions, "Smash Hits" glitz and glamour. "People doing live activities to provide entertainment." Is this not a better concept? Telling a story to your child. Reading to an eager listener. Humming a tune to yourself. Making music to a rhythm that we all know well and understand—that of a Heartbeat

and the resonance of the universe— Providing movement to that music. Creating mystery and curiosity, stimulating thought, and artistic ideas. We have been telling stories for as long as Hominids can talk. Communicating traditions and history, passing on our culture. Using metaphors and symbols to explain the problems that have crowded our minds: What happens when we sleep? How the lion got his teeth? Why the hyena comes out at night? And the ever confusing mystery: Why do we exist on this planet? As actors, we see that we can

take on a fictitious persona when we act for an audience. We can become anything the script wants us to become; we can portray and symbolise anything in our audience's imagination that they desire; and we can become images of fear, hostility, or complete banality. Did not someone once say that we are all (9 billion of us) actors on a stage? Let's find the script that can keep us all from harming each other and our planet! Photo courtesy of the Henley Performing Arts Society, thanks to Gary and Mandy Stolp or hosting at Ozzies at Osbornes!



Save the date:
WAM 2024 / 31
August & 1
September 2024.



The Royal Antediluvian Order of the Buffaloes of Henley on Klip

By Des Woods

The Royal Antediluvian Order of Buffalo's seems to be destined to keep crossing paths with the Midvaal Tehuis (old age home) staff in Valley Settlements! This wonderful Oasis of care and love for 42 elderly folk seems to attract good things for the management and staff through their hard work and dedication. The Buffs are proud

to assist in this centre of care by making an annual donation. Seen here are the Buffs and the staff of the Midvaal Tehuis on the 18th of April enjoying a handover and a lovely tea. God Bless you all! The Buffs meet every first Sunday at Des Woods home in Durham Road for lodge and friendship. **To join the Order find contact details above the Calendar, next page.**

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LOCAL COMMUNITY PROGRAMS

Henley@Heart: Community initiative to clean and beautify the village. 082 413 6184
Henley on Klip Community Police Forum (HCPF):
 Cnr Henley Drive, Ewelme Road.
 Emergency: 081 813 3912
 Chairman, Steve Endley: hokcpf@gmail.com, www.henley-cpf.co.za
Soup Souls: Soup and food parcels, Donations welcome. Michelle at Hope Church or Lauren Baker 082 882 5311
Wide Horizon Hospice Boutique -
 Open from Wednesdays to Sundays, Charity Shop part of the Wide Horizon Charity
LOCAL CLUB
The Country Wine Club: If you would like to join please contact Gunther on 073 321 0959
Henley Bowling Club:
 Cnr Winchester & Hearn Road. Club, pub and venues for hire. hokbc1965@gmail.com or see henleyonklipbowlingclub.wordpress.com. Or call at 082 818 8802.
Vaal Seniors: Henley Retirement Village hall. Every 2nd Friday of the

month at 10:00 All welcome.
Randvaal Biblioteek: Leserskring elke 2de Donderdag om 09:30. 016 365 5093
Henley Library Reading Circle:
 2nd Wednesday at 10:30 at library. Keke 016 366 0112
Henley Bird Club:
 HRV Hall. 109 Ewelme Road. Meets third Monday of each month at 19:00
 Chairman: Sal Hebert 084 263 1784.
Housewives' Club:
 TRC, Taplow Street. Tea and chat, 3rd Wednesday at 10:00. Susan Fourie: 083 584 9309
Lions Club of Henley on Klip:
 O'Connor Hall. Meetings: 1st Monday at 18:45 for 19:00. Kerry Palmer 082 805 1088. Hall Bookings Tarryn Macaskill: 082 818 8802.
 – Eye Clinic: Meyerton Child Welfare. Tarryn Macaskill: 082 818 8802.
 – Bingo: O'Connor Hall, 3rd Saturday at 13:30 for 14:00. Grant Neve 072 821 5307
Rotary Club: Oakmeade Prep and Academy, 62 Impala Ave, Meyerton. 1st and 3rd Tuesday, 18:00. President: Petrus van Heerden 083 692 3262. PR: Anrike Bryant 083 603 1210
Royal Antediluvian Order of Buffaloes (RAOB):
 "Going strong for 30 years". Bunduloo Lodge, 502 Durham Road.

1st Sunday at 10:00. Des Woods: 082 494 8741

LOCAL ACTIVITIES

Run/Walk: Meet at Bowling Club, Iffley/Hearn. Time trials. **Meyerton Athletics Club**
 Thursdays 17:30 summer, 17:00 winter.
DaNeinG Group Social:
 O'Connor Hall. Ballroom dancing. Thursdays 18:30 for 19h00, ends 21:30.
 George Gouws: 076 147 5504
Henley Performing Arts:
 Heather Taylor-Waldron: 082 772 1187
Hanga Centre for Young Performers NPC: at 1634 Shillingford
1st Henley Scouts:
 Scout Hall, 5 Hearn Road. Fridays. Cubs and Meerkats 18:00 to 19:30. Scouts 19:00 to 21:00. Enquiries: Troop Scouter, Andrew Downes: 084 309 2656. www.1sthenleyscouts.co.za.

CHURCH SERVICES

Messianic Fellowship:
 Every Sabbath (Saturday) at 13:00. Please contact Hein Zentgraf: 083 774 5609
Henley Christian Fellowship:
 Henley High School Hall.

Sunday at 09:00. 082 447 1083
Hope Family Church:
 St David's Road. Sunday services 09:00 to 11:00. Evening service 17:00 to 20:00 last Sunday of month. Office: 016 366 0545 or 082 387 1497
St Andrew's Family Church:
 Hearn Road. May to August at 09:30. September to April at 08:30. Communion 1st Sunday. Office: 016 366 0800
St Paul's Anglican Church:
 Church Street. Sunday services, Sunday school 08:00 to 09:30. Jean Roy: 016 366 0253, Anne Smith 084 296 2423. Flea Market last Saturday.
St Philip Benizi Catholic Church:
 Cnr Verwoerd and Reitz Street. Meyerton. Mass: Weekdays 08:00 Saturdays 08:00 and 18:00, Sundays 08:00. 016 362 2445
Meyerton Methodist Church:
 7 Gen de Wet Street, Meyerton. Sunday service 09:00 (kids and adults), Office: 016 362 1736
Midvaal Berean Fellowship:
 11 Gen Beyers Ave (SDA building), Meyerton. Sunday 09:30 bible study, service. Mike: 084 515 4317

May/June

Be sure to follow the Henley Herald on Facebook to stay up to date!

Dates and times subject to change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Mother's Day @Swagga Breweries @Bass Lake Spoil Mom Special Lunch @Taste Budz Molly's Mother's Day Celebration Market @Molly's Speakeasy Mother's Day Lunch @The Realm			Quiz Night @The Realm	Dance Excellence Studio Group Social @O'Connor Hall MAC Time Trails @The Bowler	1st Henley Scouts Meeting @Scouts Hall	Niche Community Market @Walkerville MAC Parkrun
				Dance Excellence Studio Group Social @O'Connor Hall MAC Time Trails @The Bowler	1st Henley Scouts Meeting @Scouts Hall	Niche Community Market @Walkerville MAC Parkrun Fit to Fight Fire Competition and Expo @Meyerton Sports Club
Mr and Mrs Henley @About Time				Dance Excellence Studio Group Social @O'Connor Hall MAC Time Trails @The Bowler	1st Henley Scouts Meeting @Scouts Hall Outdoor X @IdleWild Country Estate Centarion	Niche Community Market @Walkerville MAC Parkrun The Vaal Wine Expo @Stone Haven on Vaal
Royal Antediluvian Order of the Buffaloes Meeting @Bunduloo Lodge, 502 Durham Road				Dance Excellence Studio Group Social @O'Connor Hall MAC Time Trails @The Bowler	1st Henley Scouts Meeting @Scouts Hall	Niche Community Market @Walkerville MAC Parkrun
			Henley Library Reading Circle @Henley Library	Dance Excellence Studio Group Social @O'Connor Hall MAC Time Trails @The Bowler	1st Henley Scouts Meeting @Scouts Hall	Niche Community Market @Walkerville MAC Parkrun



Editor's Note

May is officially the start of winter, my favourite season. The mornings are getting darker and colder, and I absolutely love it. It's a bit of a tough one this month, between the preparations for the upcoming election, the water situation, and the informative update about funeral arrangements. Nevertheless, there are many exciting things going on. Before I go more into that, an update on the water situation. The national Department of

Water and Sanitation has opened 36 criminal cases against 26 municipalities as part of its drive to address untreated sewage problems. The Daily Maverick reported on May 5, going into detail and exploring the detailed spreadsheet shared by DWS spokesperson Wisane Mavasa. The article at the time of printing was free to read on the Daily Maverick website, dailymaverick.co.za. In local events, we have the elections on the 29th, and on the 26th, the return of the successful local pageant, Mr. and Miss Henley, **"Tint Hair Salon proudly brings you this year: Mr. and Miss HENLEY-ON-KLIP 2024 26 May, About Time Corner. R100 per person entry fee. All proceeds will be split between various charities in Henley. Categories are 0 to 12, 13 to 19, 20 to 29, and 30 plus. Entries can be bought on the day before 1 p.m. or at Tint Hair Salon before hand."** Thank you for sending the details Gigi White.

Things are also gearing up already for WAM; see the notice inside. A small early celebration for us is sharing a QR code with our Artist Directory. This one is coming along slowly, but check it out and send it to any local artist.

Our update for this month is the announcement that the Henley Herald is now an official member of the TravelStart Affiliate Program. Who is Travelstart? **"Travelstart is Africa's leading online travel agency that helps today's business and leisure travellers search, compare, and book the best flight, bus, hotel, car hire, holiday packages, and activities all in one place. With a huge focus on affordable travel and simplifying the travel booking experience for our customers, visit the Travelstart website to find some of the lowest fares around. Pay quickly and safely online with your preferred payment method, and you're off!"** (Copy taken from their website.) As a member of their affiliate programme, the Henley Herald

will receive a set percentage of every sale made through our link. There is no extra cost to you for using the link. When you scan the QR code on the advertisement below, you will be taken to the Travelstart website. We hope this solves a few problems for your holiday planning for the rest of the year. You can find advertisements for Travelstart on the Henley Herald website as well, and in our featured posts on our Facebook page.

Lastly, an update on our printed distribution. To our incredible Golf Park readers, the Pick 'n Pay store told us in February, our second issue of 2024, that management decided they would no longer let us leave our newspaper in their store. They removed the wire basket, and I did not contest or argue. You can still find our publication at Golf Park Sentrum, at Tri-Waters, next to Fat Cake City. A big thank you to Hetta for stocking us. Also available at Serendipity Farm Stall. I wish everyone a good election season and a healthy start to the winter.

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